Hull Public Health Profiles 2022: Hull

Public Health Intelligence, Hull City Council (www.hulljsna.com), May 2022
About this profile

This public health profile presents the most up to date information on a range of topics, to help us understand who lives in each area of Hull, and what their needs might be. We have also included comparisons with the Hull average, the Yorkshire and Humber average and the England average where data were available.

The sources of the information, as well some explanatory notes, are provided in the Data Sources section towards the end of the report.

We hope you find this profile useful. If you have questions or feedback, please use the contact details at the end of this profile.

Please do explore the rest of the www.hulljsna.com website, which contains information on health, lifestyles, and attitudes to these, of Hull residents. The website forms the Joint Strategic Needs Assessment for Hull. (See the last page of this report for further information.)

Also included on the website are the annual Director of Public Health Reports for Hull, as well as in-depth survey reports from Health and Wellbeing surveys conducted across Hull among adults (in 2003, 2007, 2009, 2011-12, 2014 and 2019) and young people at secondary schools (in 2008-09, 2012 and 2016), as well as Social Capital surveys conducted in 2004 and 2009.
In 2021 there were 267,100 residents in Hull, of whom 65,500 (25%) were aged under 20, and 40,800 (15%) were aged 65+. The population of Hull is projected to increase by <1% by 2043 to 267,425, with the largest increase seen for those aged 65+, increasing by 22% to 49,613.

From the 2011 census, 89.7% of Hull residents were White British, 4.4% were non-British White (mostly Eastern Europeans), while 5.9% were from other Black and Minority Ethnic BME) origins.

From the 2011 Census, 39,788 households in Hull were single person households (35%). There were 19,943 pensioner (65+) households in Hull of which 66% were single person households. There were 14,523 lone parent households in Hull (13%).

From the 2011 Census, 55,785 households in Hull were living in owner occupied accommodation (50%); while 28% were renting from the council or other social landlords, with a further 20% renting from private landlords.

Hull is the 3rd most deprived local authority (out of 317) in England. 55% of the areas in Hull fall within the most deprived fifth (20%) of areas nationally. Only 2% of the areas in Hull fall within the least deprived fifth of areas nationally.

21% of households in Hull were in fuel poverty in 2020, compared with the England average of 13%.

33% of dependent children in Hull were living in child poverty in 2020/21, compared with the England average of 18%.

73% of survey respondents from Hull were satisfied with their neighbourhood as a place to live.

55% of survey respondents from Hull reported that their neighbourhood was one where people looked out for each other, while 19% trusted most of the people in their neighbourhood.

The overwhelming majority of survey respondents in Hull (88%) felt safe (very safe or fairly safe) walking alone in their local area during the daytime with a similar percentage feeling safe when alone in their homes after dark (89%). However, 19% felt very unsafe walking alone in their local area after dark.

In March 2022 the claimant count (those claiming Job Seekers Allowance or Universal Credit with requirement to seek work) for Hull was 8.7% among men and 6% among women; this compares with 5% and 3.6% for men and women across England.

Life expectancy at birth in 2017-21 in Hull was 75 years among men and 79.7 years among women.

Life expectancy at age 65 in 2017-21 in Hull was 16.1 years among men and 18.6 years among women.

Of the 8,341 deaths among residents of Hull during 2019-2021 7% were from lung cancer, 19% were from other cancers, 24% were from cardiovascular diseases and 21% were from respiratory diseases; this compares with 5%, 21%, 23% and 21% respectively for England.

The rate of preventable deaths in Hull was 62% higher than for England in 2015-19, this difference was statistically significant.

Smoking prevalence in Hull is 25%, higher than the England rate of 16%. An estimated 53,400 people aged 16+ in Hull are smokers.

An estimated 54,700 people aged 16+ living in Hull are 'problem drinkers', with 18% of survey respondents binge drinking, 21% drinking more than 14 units a week, including 13% doing both.

Around 66,400 people aged 16+ living in Hull are obese, while a further 81,100 are overweight. At 70%, the percentage of overweight or obese individuals in Hull was lower than England (64%).

In Hull 29% of children in Reception Year during the 2017/18-2019/20 academic years, as well as 37% in Year 6, were overweight or very overweight. This was significantly higher than the England average for children in Reception Year (23%) but significantly higher than the England average for Year 6 pupils (35%).

Around 21,900 people aged 16+ living in Hull are estimated to be at risk of social isolation (defined here as living alone and not speaking to family, friends or neighbours each day). This means that approximately 10% of individuals living in Hull may be suffering from social isolation.

The birth rate in 2021 in Hull was 55 births per 1,000 women aged 15-44 years, which was similar to the England average of 58 births per 1,000.
Population structure (2021)

<table>
<thead>
<tr>
<th>Age (yrs)</th>
<th>Males</th>
<th>Females</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 10</td>
<td>17,100</td>
<td>16,300</td>
<td>33,300</td>
</tr>
<tr>
<td>10-19</td>
<td>16,600</td>
<td>15,700</td>
<td>32,200</td>
</tr>
<tr>
<td>20-29</td>
<td>19,700</td>
<td>20,000</td>
<td>39,600</td>
</tr>
<tr>
<td>30-39</td>
<td>19,600</td>
<td>19,900</td>
<td>39,500</td>
</tr>
<tr>
<td>40-49</td>
<td>16,400</td>
<td>15,700</td>
<td>32,100</td>
</tr>
<tr>
<td>50-59</td>
<td>17,500</td>
<td>17,000</td>
<td>34,500</td>
</tr>
<tr>
<td>60-69</td>
<td>13,600</td>
<td>13,600</td>
<td>27,100</td>
</tr>
<tr>
<td>70-79</td>
<td>8,900</td>
<td>9,600</td>
<td>18,500</td>
</tr>
<tr>
<td>80+</td>
<td>4,000</td>
<td>6,100</td>
<td>10,100</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>133,300</strong></td>
<td><strong>133,800</strong></td>
<td><strong>267,100</strong></td>
</tr>
</tbody>
</table>

Ethnicity (from 2011 census)

- White British: 89.7%
- BME community: 10.3%

Household composition (2011 census)

- One person: 65+: 12%
- One person: <65: 24%
- Couple: no children: 16%
- Couple: dependent children: 17%
- Couple: non-dependent children: 6%
- Lone parent: dependent children: 9%
- Lone parent: non-dependent children: 4%
- All aged 65+: 6%
- All other households: 7%

Household tenure (from 2011 census)

- Owned outright: 19.9%
- Owned with mortgage: 29.7%
- Shared ownership: 0.4%
- Rented from council: 21.2%
- Other social rented: 6.9%
- Private rented: 20.4%
- Living rent-free: 1.5%
National quintiles of Index of Multiple Deprivation 2019

A household is said to be fuel poor if it needs to spend more than 10% of its income on fuel in order to maintain an adequate standard of warmth.

The proportion of dependent children under 20 years living in families in receipt of CTC whose reported income is less than 60 per cent of the median income or are in receipt of IS or (Income-Based) JSA.
Income-deprived older people (60+)\textsuperscript{8}

The proportion of adults aged 60+ in receipt of income support, income based JSA, pension credit or child tax credits.

Working age benefits\textsuperscript{9}

Claimant count, March 2022 (% of working age population)

Trends in claimant count, March 2013 to March 2022 (% of working age population)
Satisfaction with aspects of the local area

1. Satisfaction with open spaces in the local area
   - Very satisfied: 29%
   - Fairly satisfied: 42%
   - Neither satisfied nor dissatisfied: 16%
   - Fairly dissatisfied: 9%
   - Very dissatisfied: 4%

2. Satisfaction with parking in the local area
   - Very satisfied: 18%
   - Fairly satisfied: 32%
   - Neither satisfied nor dissatisfied: 21%
   - Fairly dissatisfied: 17%
   - Very dissatisfied: 13%

3. Satisfaction with the street appearance in the local area
   - Very satisfied: 16%
   - Fairly satisfied: 40%
   - Neither satisfied nor dissatisfied: 17%
   - Fairly dissatisfied: 18%
   - Very dissatisfied: 9%

4. Satisfaction with traffic in the local area
   - Very satisfied: 20%
   - Fairly satisfied: 40%
   - Neither satisfied nor dissatisfied: 22%
   - Fairly dissatisfied: 13%
   - Very dissatisfied: 6%

5. Satisfaction with level of anti-social behaviour and crime in the local area
   - Very satisfied: 14%
   - Fairly satisfied: 36%
   - Neither satisfied nor dissatisfied: 24%
   - Fairly dissatisfied: 17%
   - Very dissatisfied: 10%

6. Satisfied with neighbourhood as a place to live
   - Very satisfied: 27%
   - Fairly satisfied: 46%
   - Neither satisfied nor dissatisfied: 17%
   - Fairly dissatisfied: 7%
   - Very dissatisfied: 3%
Neighbours look out for one another

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Don't know</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neighbours</td>
<td>55%</td>
<td>23%</td>
<td>22%</td>
</tr>
</tbody>
</table>

Is this a neighbourhood where neighbours look out for each other?

Trust in neighbours

<table>
<thead>
<tr>
<th></th>
<th>Most</th>
<th>Many</th>
<th>A few</th>
<th>None</th>
<th>Don't know</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neighbours</td>
<td>19%</td>
<td>18%</td>
<td>44%</td>
<td>10%</td>
<td>10%</td>
</tr>
</tbody>
</table>

How many people in your neighbourhood do you trust?

Feelings of safety when

Walking alone in area during the daytime

<table>
<thead>
<tr>
<th></th>
<th>Very safe</th>
<th>Fairly safe</th>
<th>A bit unsafe</th>
<th>Very unsafe</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neighbours</td>
<td>45%</td>
<td>43%</td>
<td>9%</td>
<td>4%</td>
</tr>
</tbody>
</table>

Walking alone in area after dark

<table>
<thead>
<tr>
<th></th>
<th>Very safe</th>
<th>Fairly safe</th>
<th>A bit unsafe</th>
<th>Very unsafe</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neighbours</td>
<td>14%</td>
<td>39%</td>
<td>29%</td>
<td>19%</td>
</tr>
</tbody>
</table>

Alone in own home at night

<table>
<thead>
<tr>
<th></th>
<th>Very safe</th>
<th>Fairly safe</th>
<th>A bit unsafe</th>
<th>Very unsafe</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neighbours</td>
<td>49%</td>
<td>40%</td>
<td>8%</td>
<td>3%</td>
</tr>
</tbody>
</table>
Life expectancy at birth (years)\textsuperscript{14}

Life expectancy at age 65 (years)\textsuperscript{15}
Under 75 Standardised Mortality Ratios 2019-2021

Most common causes of death 2019-2021

Most common types of cancer diagnosed 2014-2018
Emergency hospital admissions by common cause 2015/16-2019/20

Hospital stays due to harm and injury by reason 2013/14-2017/18

Limiting long-term illness/disability

Estimated back pain prevalence 2012
Selected results from the 2019 health and wellbeing survey

Estimated prevalence of risk factors for poor health (results of the 2019 health and wellbeing survey applied to 2021 adult (16+) populations)

<table>
<thead>
<tr>
<th>Risk factor</th>
<th>Men (N=106,100)</th>
<th>Women (N=107,900)</th>
<th>All (N=213,800)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Smokes</td>
<td>28,100</td>
<td>25,200</td>
<td>53,400</td>
</tr>
<tr>
<td>Binge drinks</td>
<td>26,700</td>
<td>13,000</td>
<td>39,000</td>
</tr>
<tr>
<td>Excessive weekly alcohol</td>
<td>31,700</td>
<td>13,400</td>
<td>44,300</td>
</tr>
<tr>
<td>Problem drinking</td>
<td>37,300</td>
<td>18,200</td>
<td>54,700</td>
</tr>
<tr>
<td>Does not eat 5-A-DAY</td>
<td>87,500</td>
<td>82,800</td>
<td>169,800</td>
</tr>
<tr>
<td>Overweight</td>
<td>44,200</td>
<td>37,900</td>
<td>81,800</td>
</tr>
<tr>
<td>Obese</td>
<td>32,900</td>
<td>33,600</td>
<td>66,400</td>
</tr>
<tr>
<td>Overweight or obese</td>
<td>77,000</td>
<td>71,500</td>
<td>148,200</td>
</tr>
<tr>
<td>Insufficient exercise</td>
<td>61,300</td>
<td>76,100</td>
<td>137,800</td>
</tr>
<tr>
<td>No moderate/vigorous exercise in last week</td>
<td>42,700</td>
<td>49,200</td>
<td>92,100</td>
</tr>
<tr>
<td>Activities limited by long-term illness or disability</td>
<td>28,600</td>
<td>35,200</td>
<td>64,100</td>
</tr>
<tr>
<td>Poor mental health (SF36 0-60)</td>
<td>42,300</td>
<td>50,500</td>
<td>93,100</td>
</tr>
<tr>
<td>Feels very unsafe walking alone in area after dark</td>
<td>11,500</td>
<td>28,000</td>
<td>39,700</td>
</tr>
<tr>
<td>Wellbeing - low satisfaction score (0-4)</td>
<td>14,100</td>
<td>15,300</td>
<td>29,500</td>
</tr>
<tr>
<td>Wellbeing - low worthwhile score (0-4)</td>
<td>12,700</td>
<td>12,900</td>
<td>25,700</td>
</tr>
<tr>
<td>Wellbeing - low happiness score (0-4)</td>
<td>15,700</td>
<td>18,000</td>
<td>34,000</td>
</tr>
<tr>
<td>Wellbeing - high anxiety score (6-10)</td>
<td>29,300</td>
<td>36,700</td>
<td>66,300</td>
</tr>
<tr>
<td>Socially isolated (potentially)</td>
<td>10,200</td>
<td>11,700</td>
<td>21,900</td>
</tr>
</tbody>
</table>
Multiple risk factors (smoking, drinking excessive amounts of alcohol or binge drinking, obesity, insufficient exercise) from the 2019 health and wellbeing survey\textsuperscript{27}

**Number of adults with risk factors**

![Number of adults with risk factors](image)

**Percentage of adults with risk factors**

![Percentage of adults with risk factors](image)
Wellbeing among adults

- Low satisfaction score (0-4)
- Low worthwhile score (0-4)
- Low happiness score (0-4)
- High anxiety score (6-10)

Adult smoking prevalence

- Hull
- Yorkshire and the Humber
- England

Excess weight among adults

- Hull
- Yorkshire and the Humber
- England

Excess weight among children

- Year R
- Year 6

Good level of development at 5, 2013/14

- Hull
- Yorkshire and the Humber
- England

5+ A*-C GCSE passes, 2013/14

- Hull
- Yorkshire and the Humber
- England

Potential social isolation among residents aged 65+ years

- Percentage (95% CI)
- Estimated number (range)

Hull
- 18.0 (15.5, 20.9)
- 6,337 to 8,513
Births

Birth rate in 2021

- Births of women aged 35-44 years
  - 34
  - Yorkshire and the Humber
  - England

Population projections to 2043

Percentage of population registered to each GP practice, January 2022

- Primary Care Network (% of patients from this area)
  - HASP
  - Marmot
  - Medicas
  - Modality
  - Nexus
  - Symphonie

- N=283,696
  - 1% Modal Health
  - 1% East Hull Family Practice
  - 1% Chep - City Centre (XMC, Riverside & Story St)
  - 1% Habby - Kingswood & Orchard Park
  - 1% Harford Group Practice
  - 1% Habby - Cakert & Newington
  - 1% Kingston Health (Hull)
  - 1% Orchard 2000
  - 1% James Alexander Practice
  - 1% Clifford House
  - 1% Bridge Group
  - 1% St Andrew’s Group Practice
  - 1% Sydenham House Group Practice
  - 1% Sutton Manor Surgery
  - 1% Newland Health Centre
  - 1% Wolseley Medical Centre
### Data sources

<table>
<thead>
<tr>
<th></th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Population data from Office for National Statistics (ONS) mid-year population estimates for 2021 (<a href="http://www.ons.gov.uk">www.ons.gov.uk</a>)</td>
</tr>
<tr>
<td>9</td>
<td>Data for satisfaction with open spaces, parking, street appearance, traffic, anti-social behaviour &amp; crime are from Hull’s 2011-12 Health and Lifestyle Survey; data for satisfied with neighbourhood as a place to live are from the 2019 Health and Wellbeing survey (see <a href="http://www.hulljsna.com">www.hulljsna.com</a>).</td>
</tr>
<tr>
<td>10,11,12</td>
<td>Data are from Hull’s 2019 Adult Health and Wellbeing Survey of more than 4,000 adults in Hull aged 16 years and over (see <a href="http://www.hulljsna.com">www.hulljsna.com</a>).</td>
</tr>
<tr>
<td>13</td>
<td>Benefits data were extracted from NOMIS (<a href="https://www.nomisweb.co.uk/home/detailedstats.asp">https://www.nomisweb.co.uk/home/detailedstats.asp</a>) which is a service provided by ONS for detailed up-to-date labour market statistics.</td>
</tr>
<tr>
<td>14,15</td>
<td>Life expectancy was produced using mortality data from the Primary Care Mortality Data (PCMD), supplied by NHS Digital, and mid-year population estimates, rebased after the 2011 census, supplied by ONS. Life expectancy at birth and at age 65 form indicator A01 in the Public Health outcomes Framework (<a href="https://fingertips.phe.org.uk/profile/public-health-outcomes-framework">https://fingertips.phe.org.uk/profile/public-health-outcomes-framework</a>).</td>
</tr>
<tr>
<td>16</td>
<td>Under 75 SMRs indicate whether local premature mortality rates are higher or lower than would be expected if national (England) rates applied to the local population. Death data are from the PCMD, supplied by ONS, and the population data are from ONS mid-year estimates. National mortality rates were produced using data extracted from NOMIS (<a href="https://indicators.ic.nhs.uk/webview">https://indicators.ic.nhs.uk/webview</a>).</td>
</tr>
<tr>
<td>17</td>
<td>Death data are taken from the PCMD.</td>
</tr>
<tr>
<td>18</td>
<td>Deaths from causes considered preventable 2015-19, published by the Office for Health Improvement and Disparities (OHID) on the Local Health website (<a href="http://www.localhealth.org.uk">http://www.localhealth.org.uk</a>).</td>
</tr>
<tr>
<td>19</td>
<td>Data are published by OHID on the Local Health website (<a href="http://www.localhealth.org.uk">http://www.localhealth.org.uk</a>).</td>
</tr>
<tr>
<td>20</td>
<td>Hospital admission data are taken from Hospital Episode Statistics (HES). Rates were produced using HES data and population data (from GP registered populations, supplied through the Primary Care Information System).</td>
</tr>
<tr>
<td>21,22</td>
<td>Hospital inpatient data published by OHID on the Local Health website (<a href="http://www.localhealth.org.uk">http://www.localhealth.org.uk</a>).</td>
</tr>
<tr>
<td>23</td>
<td>Local data are from Hull’s 2019 Health and Wellbeing Survey (see <a href="http://www.hulljsna.com">www.hulljsna.com</a>). Census data were extracted from OHID’s Local Health website (<a href="http://www.localhealth.org.uk">http://www.localhealth.org.uk</a>).</td>
</tr>
<tr>
<td>24</td>
<td>Modelled estimates produced by Arthritis UK and OHID, using Health Survey for England data, published by OHID on the Local Health website (<a href="http://www.localhealth.org.uk">http://www.localhealth.org.uk</a>).</td>
</tr>
<tr>
<td>25,26,27</td>
<td>Data are from Hull’s 2019 Health and Wellbeing Survey (see <a href="http://www.hulljsna.com">www.hulljsna.com</a>). Population data were the 2021 mid-year estimated population produced by ONS. Estimated numbers are rounded to the nearest 100 (<a href="http://www.ons.gov.uk">www.ons.gov.uk</a>).</td>
</tr>
<tr>
<td>28,29,30</td>
<td>Local data are taken from Hull’s 2019 Health and Wellbeing Survey (see <a href="http://www.hulljsna.com">www.hulljsna.com</a>). Regional and national data are taken from the Public Health Outcomes Framework (<a href="https://fingertips.phe.org.uk/profile/public-health-outcomes-framework">https://fingertips.phe.org.uk/profile/public-health-outcomes-framework</a>) of which these are indicators C16 (excess weight), C18 (smoking prevalence) and C28 (wellbeing).</td>
</tr>
<tr>
<td>31</td>
<td>Local data are taken from Hull’s extract of the National Child Measurement Programme. Regional and national data, also derived from the National Child Measurement Programme, are taken from the Public Health Outcomes Framework (<a href="http://www.phoutcomes.info">www.phoutcomes.info</a>) of which this is indicator C09.</td>
</tr>
<tr>
<td>32,33</td>
<td>Data are for 2013/14, published by OHID on the Local Health website (<a href="http://www.localhealth.org.uk">http://www.localhealth.org.uk</a>).</td>
</tr>
<tr>
<td>34</td>
<td>The definition of potentially socially isolated used here is an adult who is the only adult living in the household, and does not speak to at least one of family, friends or neighbours every day. Data are from Hull’s 2019 Health and Wellbeing Survey of Adults (see <a href="http://www.hulljsna.com">www.hulljsna.com</a>). Population data are from the 2021 ONS mid-year population estimates (<a href="http://www.ons.gov.uk">www.ons.gov.uk</a>).</td>
</tr>
<tr>
<td>35</td>
<td>Births data are supplied by NHS Digital. The birth rate per 1,000 is produced using the birth data and the ONS mid-year population estimates for 2021 (<a href="http://www.ons.gov.uk">www.ons.gov.uk</a>). Regional and national birth rates were calculated using births data from NHS Digital (<a href="https://digital.nhs.uk">https://digital.nhs.uk</a>) and ONS mid-year population estimates for 2017 (<a href="http://www.ons.gov.uk">www.ons.gov.uk</a>).</td>
</tr>
<tr>
<td>36</td>
<td>Population projections were produced by applying the 2018-based ONS projected population changes by single year of age to the most recent ONS mid-year estimated populations, then aggregating the results by broad age band.</td>
</tr>
<tr>
<td>37</td>
<td>Figures are produced from the January 2022 GP populations by lower layer super output area published by NHS Digital (<a href="https://digital.nhs.uk">https://digital.nhs.uk</a>). The number of residents quoted in the figure may be higher than in the population table, as it comes from the GP registration file which historically tends to be higher than the mid-year population estimates presented in the population table.</td>
</tr>
</tbody>
</table>
Hull's Joint Strategic Needs Assessment (JSNA)

What is a JSNA?

The JSNA assess the current and future health, care and well-being needs of the people of Hull.

- **Joint** - The JSNA is carried out jointly by NHS Hull and Hull City Council. It is the joint responsibility of the Director of Public Health, Director of Children’s Services and the Director of Adult Social Services.

- **Strategic** - Intended to give the information that allows decision makers to make sound strategic decisions.

- **Needs Assessment** - Gives a scientifically robust understanding of the health and wellbeing needs of a local population for more focused commissioning and service delivery.

What will you do with the JSNA?

The JSNA will be used to inform the way in which services are organised and delivered in Hull to meet the needs of the local population. Available for strategic planning, but also micro-implementation.

What is different about the Hull JSNA?

- The JSNA is regularly updated and is a living and interactive web based resource for all the people of Hull, the Voluntary Sector, the Council, all the NHS Organisations and Trusts, the Police and Fire Service.

- The JSNA draws on information gained through local surveys, allowing for ‘real’ trends to be analysed based on Hull’s epidemiological profile as opposed to synthetic or modelled data from national sources.

For further information, please contact:

**PublicHealthIntelligence@hullcc.gov.uk**

Public Health Sciences, Hull Public Health, Hull City Council, Warehouse 8, Guildhall Road, Hull HU1 1HJ

[www.hulljsna.com](http://www.hulljsna.com)