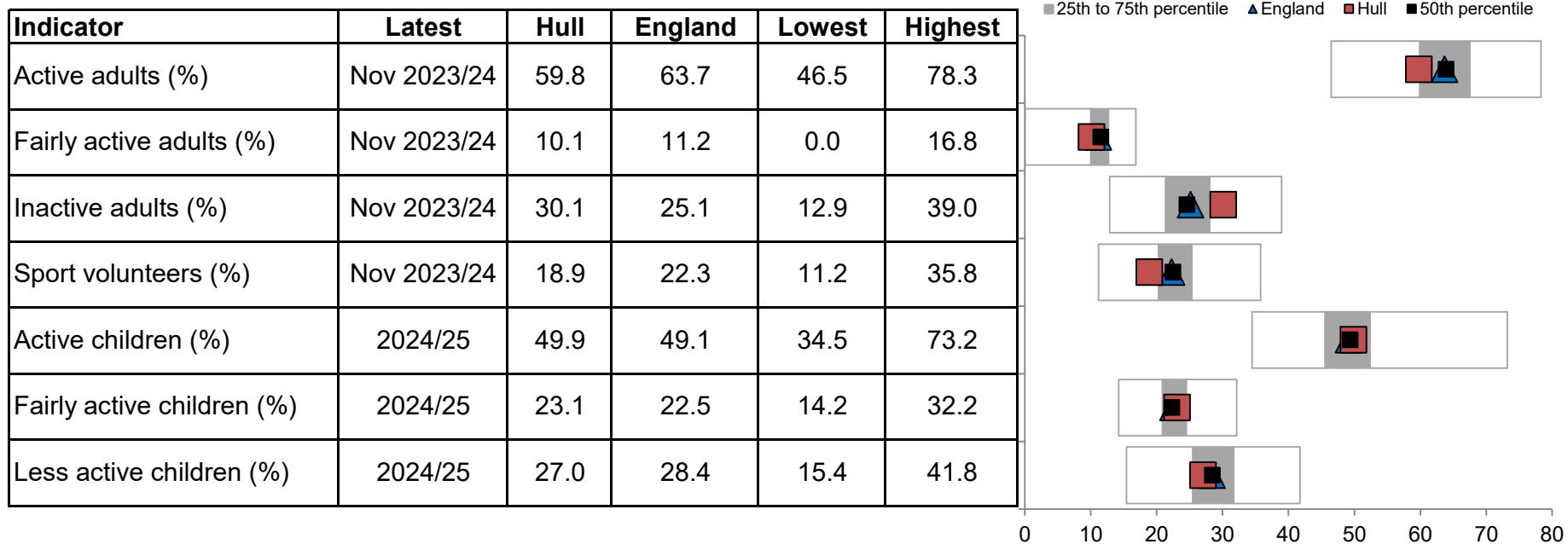


**Physical activity scorecard: April 2026**

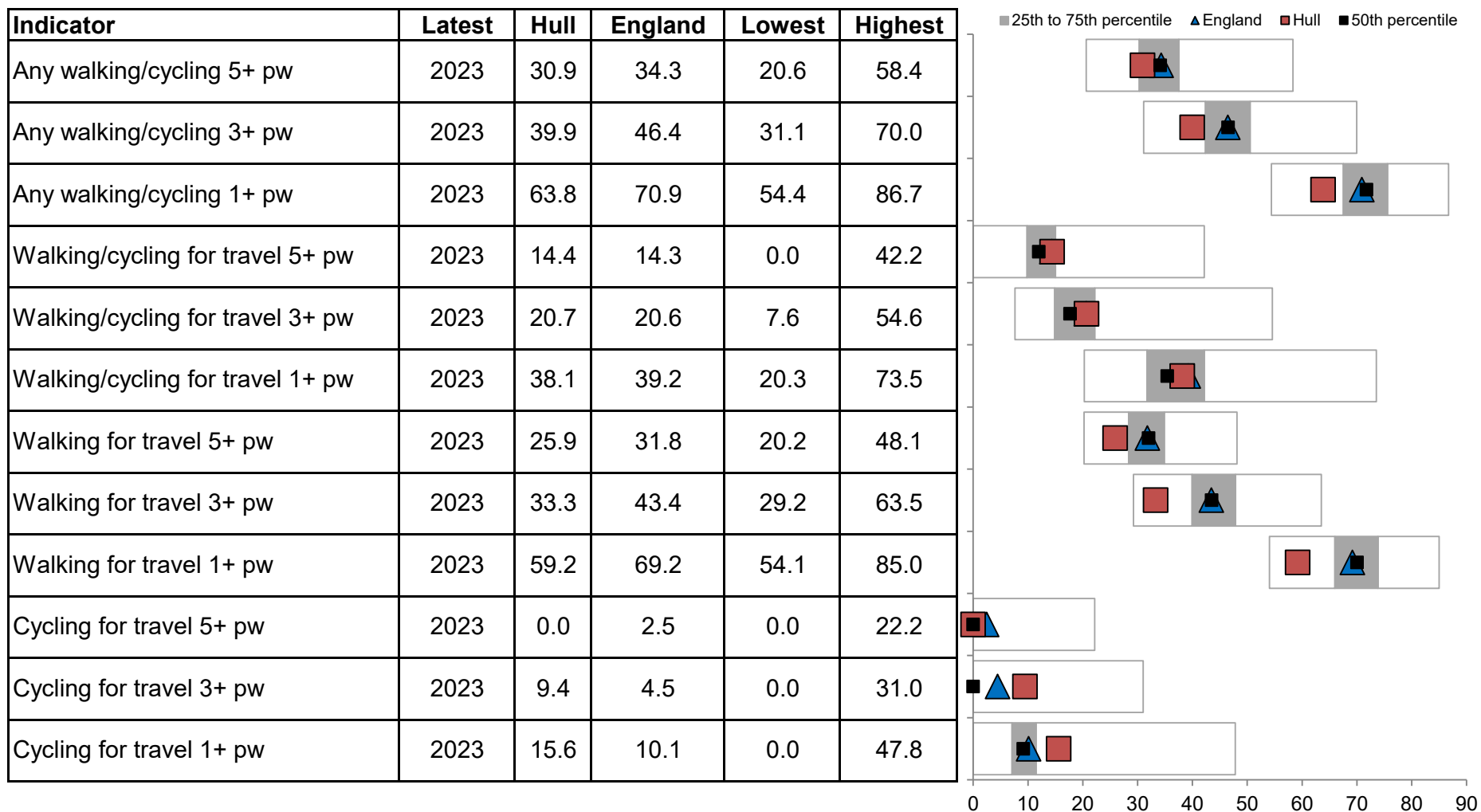
**Figure 1. Indicators from Active Lives Surveys**



The 'spine chart' shows the range of the percentages across all local authorities in England from lowest to highest values. Half of local authorities are within the grey shaded area and one-quarter each within the white areas (at each end). The percentages for Hull and England are also shown.

**Physical activity scorecard: April 2026**

**Figure 2. Indicators from National Travel Survey and Active Lives Survey- Walking and Cycling**

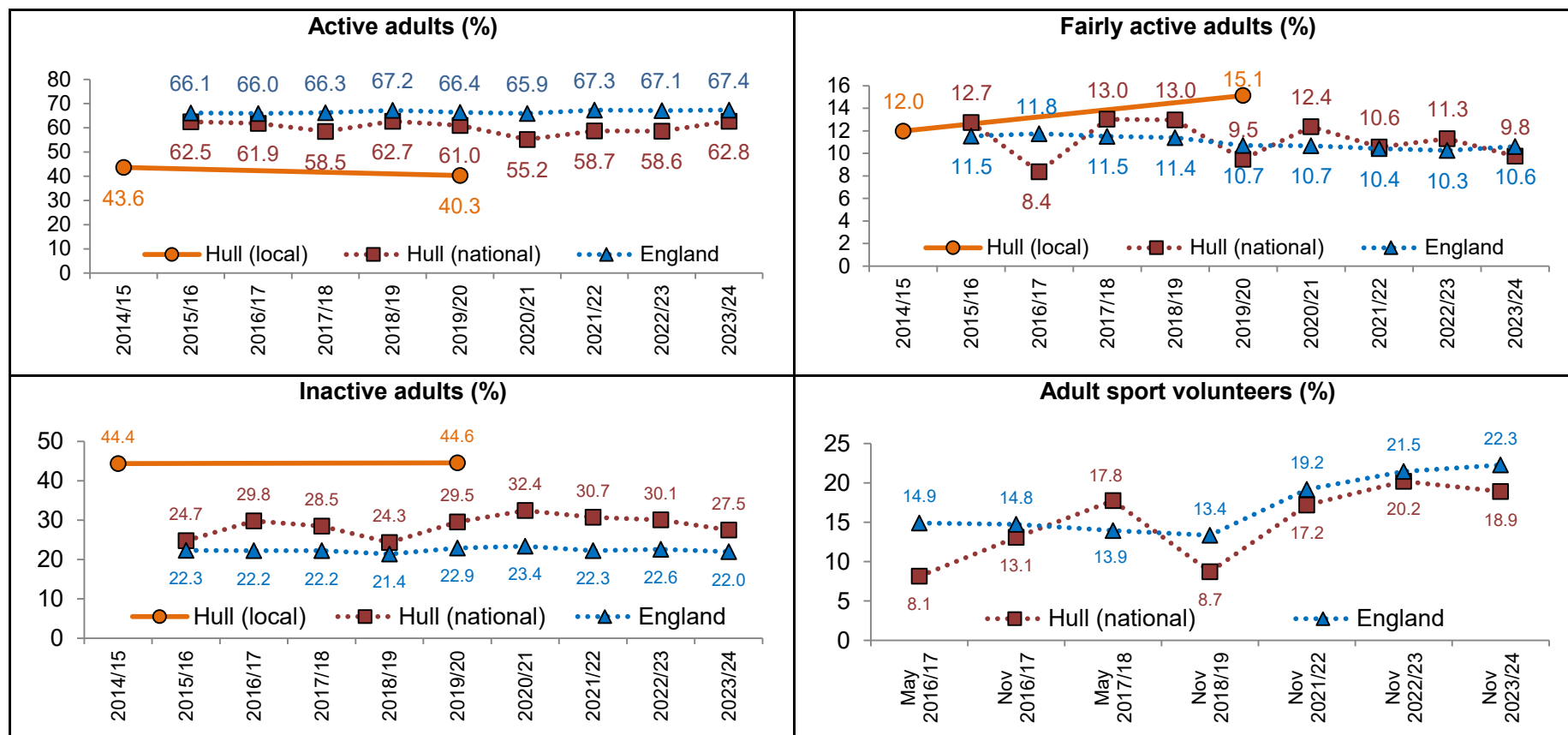


pw = per week

The 'spine chart' shows the range of the percentages across all local authorities in England from lowest to highest values. Half of local authorities are within the grey shaded area and one-quarter each within the white areas (at each end). The percentages for Hull and England are also shown.

**Physical activity scorecard: April 2026**

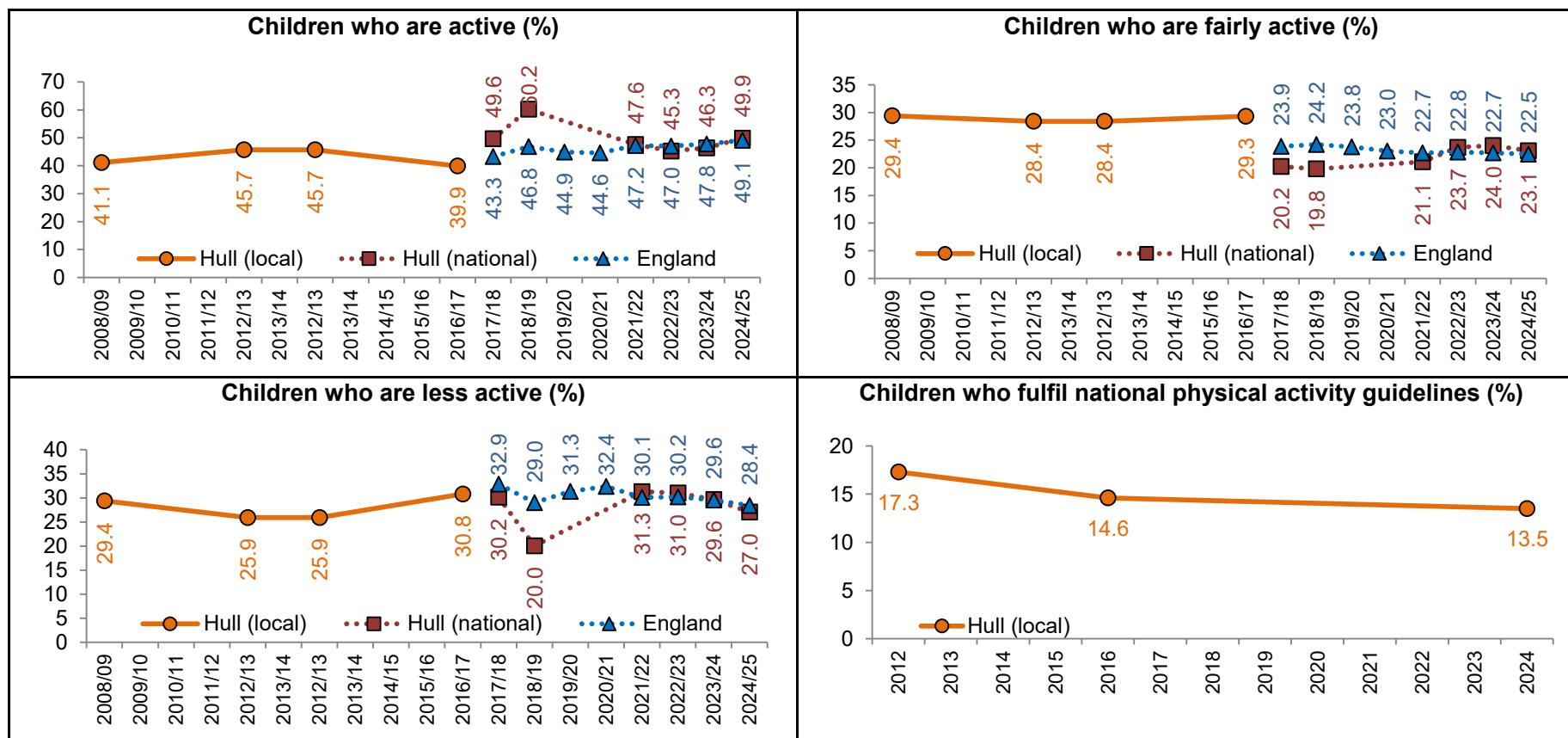
**Figure 3. Trends and comparison of activity levels - local versus national surveys (OHID data for national survey)**



This information is from Active Lives but presented on the Office for Health Improvement & Disparities' Fingertips tool, and includes other gardening as a physical activity whereas the usual information from Active Lives does not.

**Physical activity scorecard: April 2026**

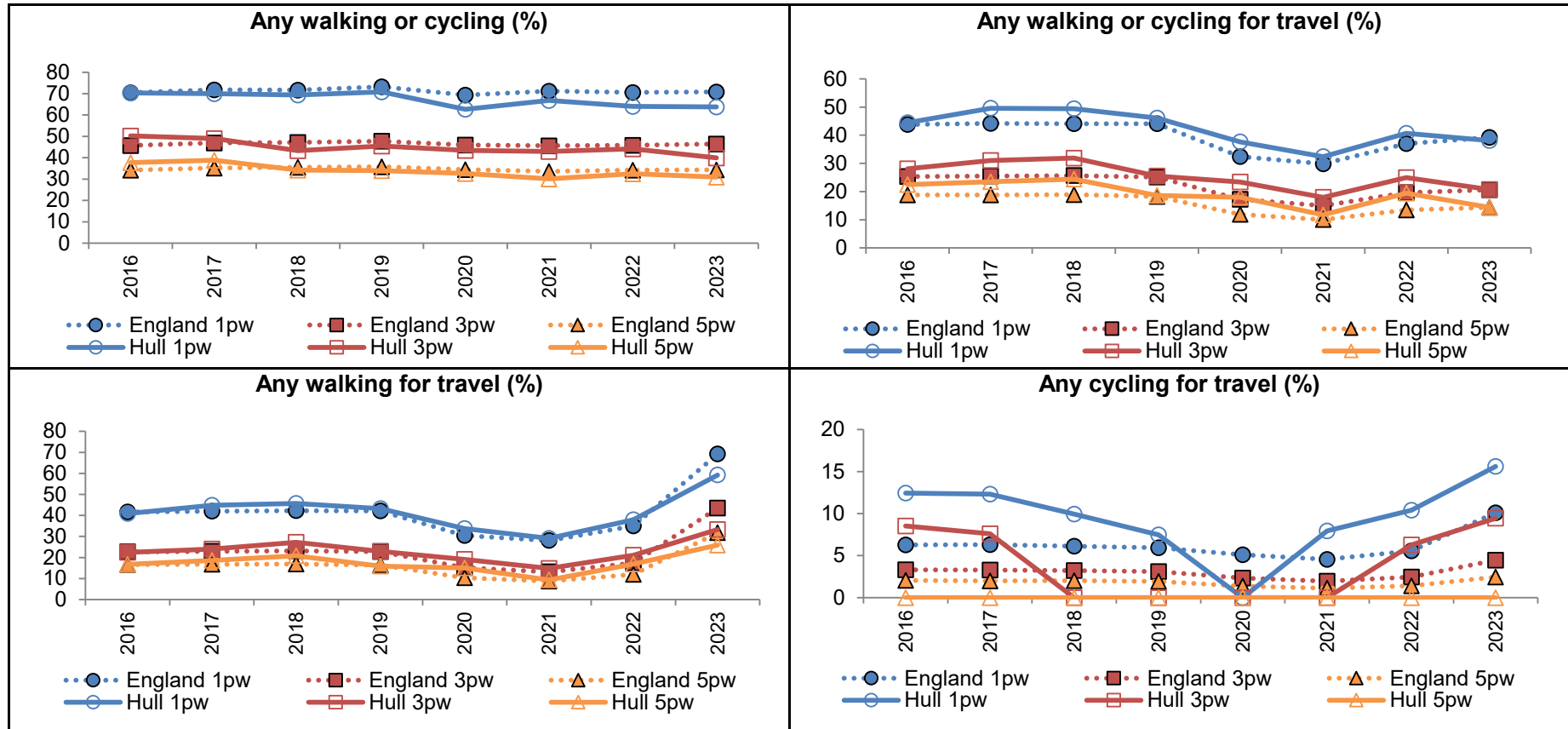
**Figure 4. Trends and comparison of activity levels - local versus national surveys (although ages of children differ)**



The percentage of children you are active (60+ minutes per day), fairly active (30-59 minutes per day) and less active (<30 minutes per day) have been calculated from the total weekly hours of physical activity divided by seven, whereas the percentage of children who fulfil the physical activity guidelines are based on the percentage who state they have undertaken at least 60 minutes of physical activity on all seven days last week. Local figures have all been weighted to the population at the time (with stratum gender, school year and local deprivation fifth based on the latest Index of Multiple Deprivation at the time of the survey).

**Physical activity scorecard: April 2026**

**Figure 5. Trends in walking and cycling (National Travel Survey and Active Lives Survey)**



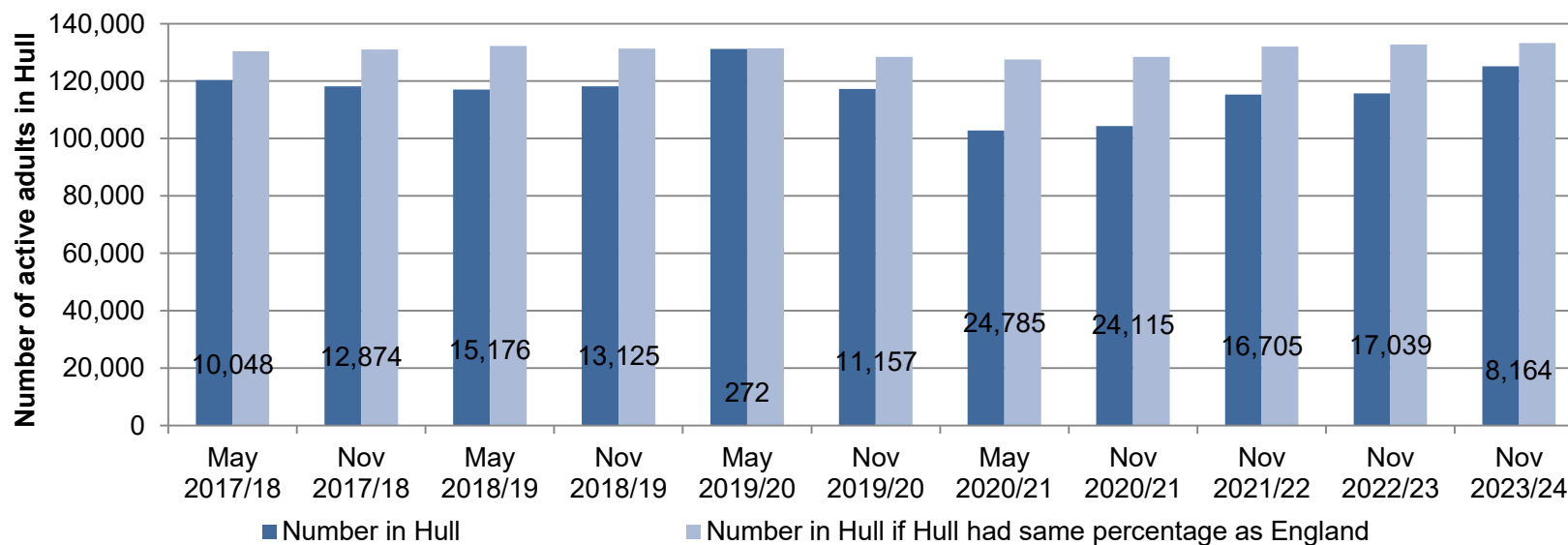
pw = per week

**Physical activity scorecard: April 2026**

**Figure 6. Target - move 10,000 inactive adults to active adults in the next 10 years**

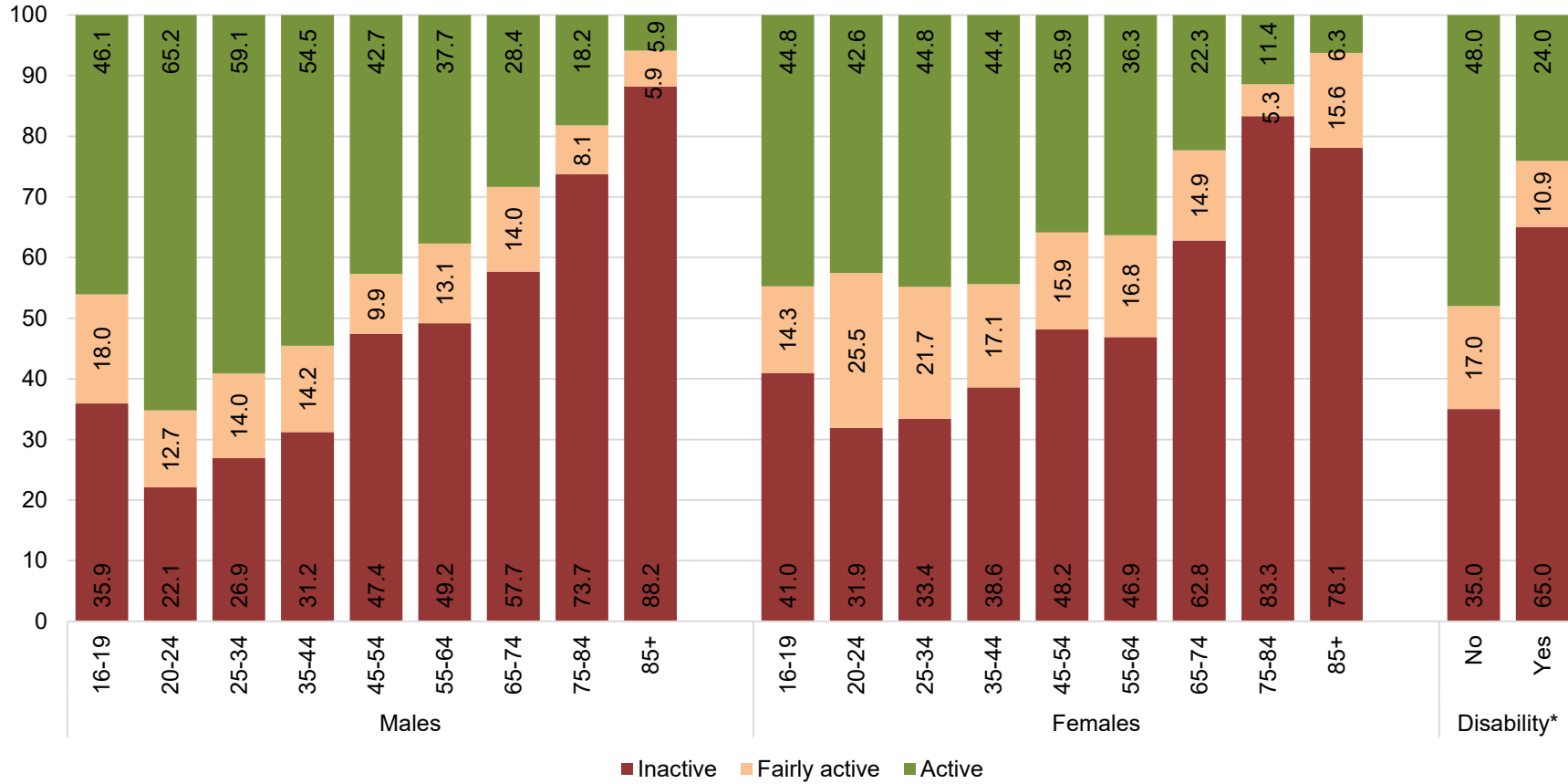
**Hull population aged 16+ years (ONS 2017): 209,332**

Period	Hull active %	England active %	Hull N	Hull N with England %	Difference
May 2017/18	57.5	62.3	120,366	130,414	10,048
Nov 2017/18	56.5	62.6	118,168	131,042	12,874
May 2018/19	55.9	63.2	117,038	132,214	15,176
Nov 2018/19	56.5	62.7	118,168	131,293	13,125
May 2019/20	62.7	62.8	131,209	131,481	272
Nov 2019/20	56.0	61.4	117,310	128,467	11,157
May 2020/21	49.1	60.9	102,782	127,567	24,785
Nov 2020/21	49.8	61.4	104,331	128,446	24,115
Nov 2021/22	55.1	63.1	115,342	132,047	16,705
Nov 2022/23	55.3	63.4	115,698	132,737	17,039
Nov 2023/24	59.8	63.7	125,160	133,324	8,164



**Physical activity scorecard: April 2026**

**Figure 7. Local inequalities in 2019 - differences between males and females, age groups and by disability\***



**Physical activity scorecard: April 2026**

**Figure 8. Local inequalities in 2019 - difference in adult (16+) activity levels by deprivation and by ward/area in Hull**

